



**Brittney Sims, COTA/L**  
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Brittney is a recent graduate of Durham Technical College OTA program. Prior to that she earned a bachelor's degree in Therapeutic Recreation and Leisure Studies from Southern University and A&M College. She has experience working one on one with children with disabilities and their families in outpatient clinic and community-based OT settings. Her interest in OT began while working with children as a Cognitive Skills Trainer. She has a passion for helping children reach their highest potential. Brittney combines academic and work experience to provide treatment specific to the needs of each child and family.



Brittney is particularly tuned into the needs of families as a result of:

- Educational background and work experience
- Fieldwork experience in early intervention and pediatrics
- Understanding of family support and engagement
- Skilled in providing client-centered care

Brittney is experienced and comfortable serving families whose children have the following diagnoses: **Autism Spectrum Disorder, Genetic conditions, Developmental Delay/ Fine Motor Skills, Sensory Processing/Self-regulation, and Cerebral Palsy/Musculoskeletal**

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Brittney is supervised and mentored by Elisabeth Rubin, OTR/L, Senior OTR who graduated with a master's in occupational therapy from Colorado State University in 2015. Prior to that she received an undergraduate psychology degree from UNC-Chapel Hill and worked as an early intervention assistant for children with Autism at UNC's TEACCH program and as a camp counselor and activity director at Camp Royall, operated by the Autism Society of North Carolina. She not only brings academic knowledge but also years of experience working directly with children to her therapeutic practice. Elisabeth has been trained in both the Sequential Oral Sensory (SOS) approach and the Anxious Eaters approach to feeding difficulties. She also has an additional year of training in the DIR/Floortime method of therapeutic play and social/emotional development.

*Thank You For the Opportunity to Work With Your Child and Your Family!*